

May 2019

May 2019							June 2019						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
5	6	7	8	9	10	11	2	3	4	5	6	7	8
12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28	29	30	31		23	24	25	26	27	28	29
							30						

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Apr 28	29	30	May 1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28 9:00am Meet the Coach (Westside High School; A150)	29	30 Graduation Day...No Summer Session	31	Jun 1

June 2019

June 2019							July 2019						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
2	3	4	5	6	7	1	7	1	2	3	4	5	6
9	10	11	12	13	14	8	14	8	9	10	11	12	13
16	17	18	19	20	21	22	21	15	16	17	18	19	20
23	24	25	26	27	28	29	28	22	23	24	25	26	27
30							28	29	30	31			

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
May 26	27	28	29	30	31	Jun 1
2	3 3:00pm Summer Run Session (Westside HS)	4 3:00pm Meet the Coach #2	5 3:00pm Summer Run Session (Westside HS)	6	7 3:00pm Summer Run Session (Westside HS)	8
9	10	11 3:00pm Summer Session	12	13 3:00pm Summer Session	14	15
16	17 3:00pm Summer Run Session (Westside HS)	18	19 3:00pm Summer Run Session (Westside HS)	20	21 3:00pm Summer Run Session (Westside HS)	22
23	24	25 3:00pm Summer Session	26	27 3:00pm Summer Session	28	29
30	Jul 1	2	3	4	5	6

July 2019

July 2019							August 2019						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24
28	29	30	31				25	26	27	28	29	30	31

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Jun 30	Jul 1	2	3	4	5	6
	Mandatory OFF WEEK					
7	8 Summer Session: Student Led	9	10 Summer Session: Student Led	11	12 Summer Session: Student Led	13
14	15 Summer Session: Student Led	16	17 Summer Session: Student Led	18	19 Summer Session: Student Led	20
21	22 Summer Session: Student Led	23	24 Summer Session: Student Led	25	26 Summer Session: Student Led	27
28	29 Summer Session: Student Led	30 Official Start to XC Season 3:00pm XC: Practice	31 3:00pm XC: Practice	Aug 1	2	3

August 2019

August 2019							September 2019						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
4	5	6	7	8	9	10	1	2	3	4	5	6	7
11	12	13	14	15	16	17	8	9	10	11	12	13	14
18	19	20	21	22	23	24	15	16	17	18	19	20	21
25	26	27	28	29	30	31	22	23	24	25	26	27	28
							29	30					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Jul 28	29	30	31	Aug 1 3:00pm XC: Practice	2 3:00pm XC: Practice	3
4	5 *** Reminder: You must have a completed Medical form in order to Tryout for Cross 3:00pm XC: Practice	6 1st Day of School 3:00pm XC: Practice	7 3:00pm XC: Practice, Meet the Coach (WHS A150)	8	9	10
11	12 3:00pm Cross Country Tryouts	13 3:00pm Cross Country Tryouts	14 3:00pm Cross Country Tryouts	15	16 3:00pm XC: Practice 4:00pm Mandatory TEAM MEETING; Parents are encouraged to attend	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31